

# Shamanic Dreamwork

~ a 6-week course ~

January 15 - February 19, 2019

Tuesdays, 7 - 9 pm

with Sandy Phocas



*The dream is the small hidden door in the deepest and most intimate sanctum of the soul, which opens to that primeval cosmic night that was soul long before there was conscious ego. ~Carl Jung*

In this 6-week course, you will discover ways to activate powerful dreaming and deepen your relationship with dream landscapes and figures. This will allow a deeper awareness and receptivity to the wisdom, guidance, creativity, connection, and healing that can arise in the dream state. Practices will include shamanic journeying, work with imagery, connection with nature, and active dream work. We will invite curiosity and an awareness of Mystery into our work with the dreamtime, allowing space for the beauty and power of the dream to emerge. Dreaming is beautiful and sacred work. Dreaming in a circle of like-minded community empowers, expands, and brings great joy to that sacred work.

*Prerequisite: none. This course is appropriate for those new to the above practices - and, since it is primarily experiential, will also be of benefit to those who are more experienced.*

**When:** January 15 - February 19, 2019, Tuesdays 7 -9 pm

**Where:** 18 Springs, 2424 Reynolda Road, Winston-Salem 27106

**Cost:** \$150 if registered before December 14th; \$180 after  
*\*Advance registration is required. Space is limited.*

**To Register:** You may register by paying either via check or online. For checks, please mail your payment to Sandy Phocas, 823 W 5th St, Suite A, Winston-Salem NC 27101, along with contact information (email and phone number). To register online, go to the Events page at [www.sandyphocas.com](http://www.sandyphocas.com), then click the link to the workshop page; you will find the Paypal button at the bottom. You may wish to check with Sandy first to be sure there is space remaining.

**Note:** The 18 Springs Community Scholarship Fund is available for those in need of financial assistance to attend this course. See Sandy's website for details or email her for an application.

*Cancellation policy: \$25 is non-refundable. Full fee is non-refundable once within 5 days of the first class date (unless someone else fills your spot in the course).*



Sandy Phocas is a shamanic practitioner and workshop leader. After years of working as a psychiatrist, Sandy followed a calling to focus on the deeper foundation of healing and wholeness. This led to trainings in meditation, hypnosis, past life work, Holotropic Breathwork, and shamanic trainings in the US and abroad. Her passion is sharing this path with others by helping them to not only heal, but to profoundly access their own truth, power, and creative life force energy. Sandy has a private practice in Winston-Salem where she offers shamanic healing, past life regression, and mentoring, as well as classes and workshops.

For more information, please call 336-287-0061 or email [ssatchi@earthlink.net](mailto:ssatchi@earthlink.net) or visit [www.SandyPhocas.com](http://www.SandyPhocas.com)